

BOOKING REQUIRED

See website
for details

YMCA

THE JUNCTION
PART OF YMCA BOURNEMOUTH

Swimming Pool Timetable W/C 31 August 2026

	06.00	06.30	07.00	07.30	08.00	08.30	09.00	09.30	10.00	10.30	11.00	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00	21.30	22.00											
MON	Adults Only Open Session		Public Swim		Public Swim		Public Swim		Public Swim		Public/ Lane Swim *				Fun Swim Session				Public Swim		Public Swim		Public Swim		Public Swim		Public/ Private Lesson Swim		Public/ Private Lesson Swim		Adults Only/ Lanes Swim - Open Session													
TUES	Adults Only Open Session				Aqua Pilates				Public Swim				Aqua Fit				Public Swim		Public/ Lane Swim *				Fun Swim Session				Public Swim		Public Swim		Public Swim		Public/ Private Lesson Swim				Aqua Fit		Lane Swim (11yrs+)		Adults Only/Lanes Swim - Open Session			
WED	Adults Only Open Session				Public Swim		Public Swim						Public Swim		Public Swim		Public Swim		Public Swim		Public Swim		Public Swim		Public Swim		Public/ Private Lesson Swim		Public/ Private Lesson Swim		Adults Only/Lanes Swim - Open Session													
THURS	Adults Only Open Session				Public Swim				Public Swim				Private Booking				Disability Swim				Public Swim		Public/ Lane Swim *		Public Swim		Public Swim		Public Swim		Public/ Private Lesson Swim				Public/ Private Lesson Swim		Staff Training				Adults Only/Lanes Swim - Open Session			
FRI	Adults Only Open Session					Aqua Pilates		Aqua Fit		Aqua Fit Starts 09:35				Public Swim		Public Swim		Public Swim		Public Swim		Public Swim				Public Swim		Public Swim				Public/ Private Lesson Swim		Aqua Fit		Adults Only/ Lanes Swim - Open Session								
SAT			Adults Only Open Session		Public Swim		Public Swim		Public Swim		Public/ Private Lesson Swim		Public/ Private Lesson Swim		Public/ Private Lesson Swim		Public/ Private Lesson Swim		Public/ Private Lesson Swim				Party Hire				Party Hire				Cleaning													
SUN					Adults Only Open Session				Public Swim				Public Swim				Public/ Private Lesson Swim		Public/ Private Lesson Swim		Public/ Private Lesson Swim		Public/ Private Lesson Swim		Public/ Private Lesson Swim				Party Hire				Adults Only/Lanes Swim - Open Session											

Please note: The Management reserve the right to change the above programme without prior notice. Contact Reception for further enquiries.

Swimming Pool Booking System ►►

Swimming Fees ►►

Members can book up to 5 days in advance, by phone or online. Non-Members can book up to 24 hours in advance, by phone or online.

Please ensure the Centre has your correct contact details on the system.

Family Swim: One adult and three children or two adults and two children

Bronze Members

Adult Swim	£5.00
Over 50's Swim	£4.50
Junior Swim	£4.00
Family Swim	£13.00

Non Members

Adult Swim	£6.50
Over 50's Swim	£6.00
Junior Swim	£4.75
Family Swim	£16.00

