

# BOOKING REQUIRED

See website  
for details



## Swimming Pool Timetable W/C 4 May 2026

	06.00	06.30	07.00	07.30	08.00	08.30	09.00	09.30	10.00	10.30	11.00	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00	21.30	22.00
MON	Adults Only Open Session		Public Swim		Public Swim		Junior Lessons			Public/Lane Swim *		Junior Lessons		Junior Lessons				Public/Private Lesson Swim		Public/Private Lesson Swim		Adults Only/Lanes Swim - Open Session											
TUES	Adults Only Open Session until 08:10			Aqua Pilates		Sing & Splash Public Swim		Aqua Fit		Junior Lessons Public Swim		Public/Lane Swim *		Public/Lane Swim *		Public Swim		Junior Lessons				Public/Private Lesson Swim		Aqua Fit		Lane Swim (11yrs+)		Adults Only/Lanes Swim - Open Session					
WED	Adults Only Open Session			Public Swim		Junior Lessons Public Swim		Aqua Babe		Public Swim		Public/Lane Swim *		Public Swim		Junior Lessons				Public/Private Lesson Swim		Public/Private Lesson Swim Adult Lessons		Adults Only/Lanes Swim - Open Session									
THURS	Adults Only Open Session			Public Swim		Public Swim		Private Booking		Disability Swim		Public Swim		Public/Lane Swim *		Junior Lessons				Adult Lessons Junior Lessons		Public/Private Lesson Swim		Staff Training Adults Only/Lanes Swim - Open Session									
FRI	Adults Only Open Session		Aqua Pilates		Aqua Fit		Aqua Fit Starts 09:35		Junior Lessons Public Swim			Public Swim		Public Swim		Junior Lessons				Public/Private Lesson Swim		Aqua Fit		Adults Only/Lanes Swim - Open Session									
SAT	Adults Only Open Session		Junior Lessons					Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Party Hire		Party Hire		Cleaning											
SUN	Adults Only Open Session		Junior Lessons			Public Swim		Public Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Party Hire		Adults Only/Lanes Swim - Open Session											

Please note: The Management reserve the right to change the above programme without prior notice. Contact Reception for further enquiries.

Swimming Pool Booking System ►►

Swimming Fees ►►

Members can book up to 5 days in advance, by phone or online. Non-Members can book up to 24 hours in advance, by phone or online.

Please ensure the Centre has your correct contact details on the system.

**Family Swim: One adult and three children or two adults and two children**

Bronze Members		Non Members	
Adult Swim	£5.00	Adult Swim	£6.50
Over 50's Swim	£4.50	Over 50's Swim	£6.00
Junior Swim	£4.00	Junior Swim	£4.75
Family Swim	£13.00	Family Swim	£16.00

