

BOOKING REQUIRED

See website
for details



Swimming Pool Timetable W/C 30 March 2026

	06.00	06.30	07.00	07.30	08.00	08.30	09.00	09.30	10.00	10.30	11.00	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00	21.30	22.00	
MON	Adults Only Open Session				Aqua Blast		Aqua Fit Starts 08:50		Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim		Intensive Lessons				Public Swim	Public Swim	Public Swim		Public/Private Lesson Swim	Aqua Fit	Adults Only/Lanes Swim - Open Session							
TUES	Adults Only Open Session				Aqua Pilates		Public Swim		Aqua Fit		Public Swim	Public Swim		Fun Swim Session		Public Swim		Intensive Lessons			Public Swim	Public Swim		Public/Private Lesson Swim	Aqua Fit	Lane Swim (11yrs+)	Adults Only/Lanes Swim - Open Session							
WED	Adults Only Open Session				Public Swim		Fun Swim Session		Public Swim		Intensive Lessons		Public Swim	Public Swim		Public/Private Lesson Swim	Public/Private Lesson Swim		Adults Only/Lanes Swim - Open Session															
THURS	Adults Only Open Session				Public Swim	Public Swim		Private Booking	Disability Swim		Fun Swim Session		Public Swim		Intensive Lessons		Public Swim	Public Swim	Public Swim		Public/Private Lesson Swim	Public/Private Lesson Swim		Staff Training	Adults Only/Lanes Swim - Open Session									
FRI	Adults Only Open Session				Public Swim		Public Swim		Intensive Lessons		Public Swim	Public Swim		Public/Private Lesson Swim	Public/Private Lesson Swim		Adults Only/Lanes Swim - Open Session																	
SAT		Adults Only Open Session	Public Swim	Public Swim	Public Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim		Party Hire		Fun Swim Session		Cleaning																	
SUN		Adults Only Open Session	Public Swim	Public Swim	Public/Private Lesson Swim		Party Hire		Adults Only/Lanes Swim - Open Session																									

Please note: The Management reserve the right to change the above programme without prior notice. Contact Reception for further enquiries.

Swimming Pool Booking System >>

Swimming Fees >>

Members can book up to 5 days in advance, by phone or online. Non-Members can book up to 24 hours in advance, by phone or online.

Please ensure the Centre has your correct contact details on the system.

Family Swim: One adult and three children or two adults and two children

Bronze Members		Non Members	
Adult Swim	£5.00	Adult Swim	£6.50
Over 50's Swim	£4.50	Over 50's Swim	£6.00
Junior Swim	£4.00	Junior Swim	£4.75
Family Swim	£13.00	Family Swim	£16.00

