

# BOOKING REQUIRED

See website  
for details



## Swimming Pool Timetable W/C 23 March 2026

	06.00	06.30	07.00	07.30	08.00	08.30	09.00	09.30	10.00	10.30	11.00	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00	21.30	22.00
MON	Adults Only Open Session		Aqua Blast		Aqua Fit Starts 08:50		Junior Lessons			Public Swim	Public Swim	Public Swim	Public/Lane Swim *		Public Swim	Public Swim	Junior Lessons				Public/Private Lesson Swim		Aqua Fit	Adults Only/Lanes Swim - Open Session									
TUES	Adults Only Open Session until 08:10		Aqua Pilates		Public Swim	Sing & Splash	Aqua Fit		Public Swim	Junior Lessons	Public/Lane Swim *	Public/Lane Swim *		Public Swim	Junior Lessons				Public/Private Lesson Swim		Aqua Fit	Lane Swim (11yrs+)	Adults Only/Lanes Swim - Open Session										
WED	Adults Only Open Session		Public Swim		Public Swim	Public Swim	Junior Lessons			Public Swim	Public/Lane Swim *		Public Swim	Junior Lessons				Public/Private Lesson Swim		Public/Private Lesson Swim	Adult Lessons	Adults Only/Lanes Swim - Open Session											
THURS	Adults Only Open Session		Public Swim		Public Swim	Private Booking	Disability Swim	School Swim		Public/Lane Swim *	Junior Lessons				Public/Private Lesson Swim	Junior Lessons	Public/Private Lesson Swim	Staff Training	Adults Only/Lanes Swim - Open Session														
FRI	Adults Only Open Session		Aqua Pilates		Aqua Fit	Aqua Fit Starts 09:35		Public Swim	Public Swim	Public Swim	Public Swim		Sing & Splash	Public Swim	Junior Lessons				Public/Private Lesson Swim		Aqua Fit	Adults Only/Lanes Swim - Open Session											
SAT	Adults Only Open Session	Junior Lessons					Public/Private Lesson Swim	Party Hire	Party Hire	Cleaning																							
SUN	Adults Only Open Session	Junior Lessons			Public Swim	Public Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Party Hire	Adults Only/Lanes Swim - Open Session																			

Please note: The Management reserve the right to change the above programme without prior notice. Contact Reception for further enquiries.

Swimming Pool Booking System >>

Swimming Fees >>

Members can book up to 5 days in advance, by phone or online. Non-Members can book up to 24 hours in advance, by phone or online.

Please ensure the Centre has your correct contact details on the system.

**Family Swim: One adult and three children or two adults and two children**

\* Term Time Only

Bronze Members		Non Members	
Adult Swim	£5.00	Adult Swim	£6.50
Over 50's Swim	£4.50	Over 50's Swim	£6.00
Junior Swim	£4.00	Junior Swim	£4.75
Family Swim	£13.00	Family Swim	£16.00

