

BOOKING REQUIRED

See website
for details



Swimming Pool Timetable W/C 9 March 2026 onwards

	06.00	06.30	07.00	07.30	08.00	08.30	09.00	09.30	10.00	10.30	11.00	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00	21.30	22.00			
MON	Adults Only Open Session		Aqua Blast		Aqua Fit Starts 08:50		Junior Lessons			Public Swim	Junior Lessons	Junior Lessons	Junior Lessons	Junior Lessons	Public/Private Lesson Swim	Aqua Fit	Adults Only/Lanes Swim - Open Session																			
TUES	Adults Only Open Session until 08:10		Aqua Pilates			Sing & Splash	Public Swim		Aqua Fit		Junior Lessons	Public Swim	Junior Lessons	Junior Lessons	Junior Lessons	Public/Private Lesson Swim	Aqua Fit	Lane Swim (11yrs+)	Adults Only/Lanes Swim - Open Session																	
WED	Adults Only Open Session				Public Swim		Junior Lessons	Public Swim	Junior Lessons	Junior Lessons	Junior Lessons	Public/Private Lesson Swim	Public/Private Lesson Swim	Adult Lessons	Adults Only/Lanes Swim - Open Session																					
THURS	Adults Only Open Session		Public Swim		Public Swim	Public Swim	Private Booking		Disability Swim	School Swim	Public Swim	Junior Lessons	Junior Lessons	Junior Lessons	Public/Private Lesson Swim	Public/Private Lesson Swim	Staff Training	Adults Only/Lanes Swim - Open Session																		
FRI	Adults Only Open Session		Aqua Pilates		Aqua Fit		Aqua Fit Starts 09:35		Junior Lessons	Public Swim	Junior Lessons	Junior Lessons	Junior Lessons	Public/Private Lesson Swim	Aqua Fit	Adults Only/Lanes Swim - Open Session																				
SAT	Adults Only Open Session		Junior Lessons			Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim																						
SUN	Adults Only Open Session		Adults Only Open Session		Junior Lessons	Public Swim	Public Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim	Public/Private Lesson Swim

Please note: The Management reserve the right to change the above programme without prior notice. Contact Reception for further enquiries.

Swimming Pool Booking System >>

Swimming Fees >>

Members can book up to 5 days in advance, by phone or online. Non-Members can book up to 24 hours in advance, by phone or online.

Please ensure the Centre has your correct contact details on the system.

Family Swim: One adult and three children or two adults and two children

Bronze Members		Non Members	
Adult Swim	£5.00	Adult Swim	£6.50
Over 50's Swim	£4.50	Over 50's Swim	£6.00
Junior Swim	£4.00	Junior Swim	£4.75
Family Swim	£13.00	Family Swim	£16.00

