

# BOOKING REQUIRED

See website  
for details

## Swimming Pool Timetable W/C 26 January 2026 onwards

		Time																										
		06.00 - 22.00																										
MON	Adults Only Open Session	Aqua Blast	Aqua Fit Starts 08:50	Junior Lessons			Public Swim	Public Swim	Public Swim	Public Swim	Junior Lessons			Public Swim	Public Swim	Junior Lessons			Public/ Private Lesson Swim	Aqua Fit		Adults Only/ Lanes Swim - Open Session						
	Adults Only Open Session until 08:10	Aqua Pilates	Sing & Splash	Public Swim	Aqua Fit	Junior Lessons	Public Swim	School Swim	Public Swim	Junior Lessons			Public/ Private Lesson Swim	Aqua Fit	Lane Swim (11yrs+)	Adults Only/Lanes Swim - Open Session												
WED	Adults Only Open Session	Public Swim	Junior Lessons			Public Swim	Public Swim	Public Swim	Junior Lessons			Public/ Private Lesson Swim	Public/Private Lesson Swim	Aqua Fit	Adults Only/Lanes Swim - Open Session													
THURS	Adults Only Open Session	Public Swim	Public Swim	Private Booking	Disability Swim	School Swim	Public Swim	Junior Lessons			Public/ Private Lesson Swim	Junior Lessons	Public/ Private Lesson Swim	Public/ Private Lesson Swim	Staff Training	Adults Only/Lanes Swim - Open Session												
FRI	Adults Only Open Session	Aqua Pilates	Aqua Fit	Aqua Fit Starts 09:35	Junior Lessons			Public Swim	Public Swim	Public Swim	Sing & Splash	Public Swim	Junior Lessons			Public/ Private Lesson Swim	Aqua Fit	Adults Only/ Lanes Swim - Open Session										
SAT	Adults Only Open Session	Junior Lessons			Public/ Private Lesson Swim	Party Hire	Party Hire	Cleaning																				
SUN	Adults Only Open Session	Adults Only Open Session	Junior Lessons		Public Swim	Public Swim	Public/ Private Lesson Swim	Public/ Private Lesson Swim	Public/ Private Lesson Swim	Public/ Private Lesson Swim	Public/ Private Lesson Swim	Party Hire	Adults Only/Lanes Swim - Open Session															

Please note: The Management reserve the right to change the above programme without prior notice. Contact Reception for further enquiries.

Swimming Pool Booking System ►►

Members can book up to 5 days in advance, by phone or online. Non-Members can book up to 24 hours in advance, by phone or online. Please ensure the Centre has your correct contact details on the system. Family Swim: One adult and three children or two adults and two children

Swimming Fees ►►

### Bronze Members

Adult Swim £5.00  
Over 50's Swim £4.50  
Junior Swim £4.00  
Family Swim £13.00

### Non Members

Adult Swim £6.50  
Over 50's Swim £6.00  
Junior Swim £4.75  
Family Swim £16.00