

# BOOKING REQUIRED

See website  
for details



## Swimming Pool Timetable W/C 19 January 2026

	06.00	06.30	07.00	07.30	08.00	08.30	09.00	09.30	10.00	10.30	11.00	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00	21.30	22.00
MON	Adults Only Open Session				Aqua Blast		Aqua Fit Starts 08:50		Junior Lessons				Public Swim		Junior Lessons				Public/Private Lesson Swim		Aqua Fit	Adults Only/Lanes Swim - Open Session											
TUES	Adults Only Open Session until 08:10				Aqua Pilates			Public Swim	Sing & Splash		Aqua Fit		Public Swim		Public Swim		School Swim		Public Swim		Junior Lessons				Public/Private Lesson Swim		Aqua Fit	Lane Swim (11yrs+)			Adults Only/Lanes Swim - Open Session		
WED	Adults Only Open Session						Public Swim		Junior Lessons			Public Swim		Junior Lessons				Public/Private Lesson Swim		Public/Private Lesson Swim		Aqua Fit	Adults Only/Lanes Swim - Open Session										
THURS	Adults Only Open Session						Public Swim		Public Swim		Private Booking		Disability Swim		School Swim		Public Swim		Public Swim		Junior Lessons				Public/Private Lesson Swim		Public/Private Lesson Swim		Staff Training		Adults Only/Lanes Swim - Open Session		
FRI	Adults Only Open Session				Aqua Pilates		Aqua Fit		Aqua Fit Starts 09:35		Junior Lessons				Public Swim		Sing & Splash		Public Swim		Junior Lessons				Public/Private Lesson Swim		Aqua Fit	Adults Only/Lanes Swim - Open Session					
SAT	Adults Only Open Session		Junior Lessons						Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Party Hire		Party Hire		Cleaning						
SUN		Adults Only Open Session		Junior Lessons				Public Swim		Public Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Party Hire	Adults Only/Lanes Swim - Open Session														

Please note: The Management reserve the right to change the above programme without prior notice. Contact Reception for further enquiries.

Swimming Pool Booking System ►►

Swimming Fees ►►

Members can book up to 5 days in advance, by phone or online. Non-Members can book up to 24 hours in advance, by phone or online.

Please ensure the Centre has your correct contact details on the system.

**Family Swim: One adult and three children or two adults and two children**

Bronze Members		Non Members	
Adult Swim	£5.00	Adult Swim	£6.50
Over 50's Swim	£4.50	Over 50's Swim	£6.00
Junior Swim	£4.00	Junior Swim	£4.75
Family Swim	£13.00	Family Swim	£16.00

