

BOOKING REQUIRED

See website
for details

YMCA

THE JUNCTION
PART OF YMCA BOURNEMOUTH

Swimming Pool Timetable W/C 22 September 2025 onwards

	06.00	06.30	07.00	07.30	08.00	08.30	09.00	09.30	10.00	10.30	11.00	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00	21.30	22.00		
MON	Adults Only Open Session				Aqua Blast		Aqua Fit Starts 08:50		Junior Lessons				Public Swim		Public Swim		Public Swim		Public Swim		Public Swim		Junior Lessons				Public/Private Lesson Swim		Aqua Fit	Adults Only/ Lanes Swim - Open Session					
TUES	Adults Only Open Session until 08:10					Aqua Pilates			Sing & Splash		Aqua Fit		Junior Lessons			Public Swim		Public Swim		Public Swim		Junior Lessons				Public/Private Lesson Swim		Aqua Fit	Lane Swim (11yrs+)		Adults Only/Lanes Swim - Open Session				
WED	Adults Only Open Session					Public Swim			Junior Lessons			Public Swim		Public Swim		School Swim		Public Swim		Public Swim		Junior Lessons				Public/Private Lesson Swim		Public/Private Lesson Swim		Adult Lessons	Aqua Fit	Adults Only/Lanes Swim - Open Session			
THURS	Adults Only Open Session					Public Swim			Public Swim			Private Booking		Disability Swim		School Swim		Public Swim		Public Swim		Junior Lessons				Public/Private Lesson Swim		Junior Lessons		Public/Private Lesson Swim		Staff Training		Adults Only/Lanes Swim - Open Session	
FRI	Adults Only Open Session				Aqua Pilates		Aqua Fit		Aqua Fit Starts 09:35				Junior Lessons			Public Swim			Sing & Splash		Public Swim		Junior Lessons				Public/Private Lesson Swim		Aqua Fit	Adults Only/ Lanes Swim - Open Session					
SAT		Adults Only Open Session	Junior Lessons							Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim			Party Hire		Party Hire			Cleaning							
SUN		Adults Only Open Session	Junior Lessons						Public Swim		Public Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Party Hire			Adults Only/Lanes Swim - Open Session					

Please note: The Management reserve the right to change the above programme without prior notice. Contact Reception for further enquiries.

Swimming Pool Booking System ►►

Swimming Fees ►►

Members can book up to 5 days in advance, by phone or online. Non-Members can book up to 24 hours in advance, by phone or online.

Please ensure the Centre has your correct contact details on the system.

Family Swim: One adult and three children or two adults and two children

Bronze Members

Adult Swim	£4.75
Over 50's Swim	£4.25
Junior Swim	£3.75
Family Swim	£12.50

Non Members

Adult Swim	£6.25
Over 50's Swim	£5.75
Junior Swim	£4.50
Family Swim	£15.50

