

# BOOKING REQUIRED

See website  
for details



## Swimming Pool Timetable W/C 18 August 2025

	06.00	06.30	07.00	07.30	08.00	08.30	09.00	09.30	10.00	10.30	11.00	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00	21.30	22.00	
MON	Adults Only Open Session		Aqua Blast		Aqua Fit Starts 08:50		Public Swim		Junior Lessons		Public Swim		Public Swim		Public/Private Lesson Swim		Aqua Fit		Adults Only/Lanes Swim - Open Session															
TUES	Adults Only Open Session until 08:10		Aqua Pilates		Public Swim		Aqua Fit		Public Swim		Junior Lessons		Public Swim		Public Swim		Public/Private Lesson Swim		Aqua Fit		Lane Swim (11yrs+)		Adults Only/Lanes Swim - Open Session											
WED	Adults Only Open Session		Public Swim		Public Swim		Public Swim		Public Swim		Aqua Babe		Public Swim		Fun Swim Session		Public Swim		Public Swim		Junior Lessons		Public Swim		Public Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Aqua Fit		Adults Only/Lanes Swim - Open Session	
THURS	Adults Only Open Session		Public Swim		Public Swim		Private Booking		Disability Swim		Aqua Babe		Fun Swim Session		Public Swim		Public Swim		Public Swim		Junior Lessons		Public Swim		Public Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Staff Training		Adults Only/Lanes Swim - Open Session	
FRI	Adults Only Open Session		Aqua Pilates		Aqua Fit		Aqua Fit Starts 09:35		Public Swim		Junior Lessons		Public Swim		Public Swim		Public/Private Lesson Swim		Aqua Fit		Adults Only/Lanes Swim - Open Session													
SAT	Adults Only Open Session		Public/Private Lesson Swim		Party Hire		Party Hire		Cleaning																									
SUN	Adults Only Open Session		Public Swim		Public Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Party Hire		Adults Only/Lanes Swim - Open Session							

Please note: The Management reserve the right to change the above programme without prior notice. Contact Reception for further enquiries.

Swimming Pool Booking System ►►

Swimming Fees ►►

Members can book up to 5 days in advance, by phone or online. Non-Members can book up to 24 hours in advance, by phone or online.

Please ensure the Centre has your correct contact details on the system.

**Family Swim: One adult and three children or two adults and two children**

Bronze Members		Non Members	
Adult Swim	£4.75	Adult Swim	£6.25
Over 50's Swim	£4.25	Over 50's Swim	£5.75
Junior Swim	£3.75	Junior Swim	£4.50
Family Swim	£12.50	Family Swim	£15.50

