

# BOOKING REQUIRED

See website  
for details

# YMCA

THE JUNCTION  
PART OF YMCA BOURNEMOUTH

## Swimming Pool Timetable W/C 21 April 2025

	06.00	06.30	07.00	07.30	08.00	08.30	09.00	09.30	10.00	10.30	11.00	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00	21.30	22.00	
MON	Adults Only Open Session		Public Swim		Public Swim		Junior Lessons			Public Swim		Public Swim		Public Swim		Public Swim		Junior Lessons		Junior Lessons		Junior Lessons			Public/Private Lesson Swim		Public Swim		Adults Only/ Lanes Swim - Open Session					
TUES	Adults Only Open Session until 08:10			Aqua Pilates				Sing & Splash		Public Swim		Aqua Fit		Junior Lessons		Public Swim		Public Swim		Public Swim		Junior Lessons			Public/Private Lesson Swim		Aqua Fit		Lane Swim (11yrs+)		Adults Only/Lanes Swim - Open Session			
WED	Adults Only Open Session			Public Swim				Junior Lessons		Public Swim		Public Swim		Public Swim		School Swim		Public Swim		Junior Lessons			Public/Private Lesson Swim		Public/Private Lesson Swim		Aqua Fit		Adults Only/Lanes Swim - Open Session					
THURS	Adults Only Open Session			Public Swim				Public Swim		Private Booking		Disability Swim		School Swim		Public Swim		Junior Lessons			Public/Private Lesson Swim		Junior Lessons		Public/Private Lesson Swim		Staff Training		Adults Only/Lanes Swim - Open Session					
FRI	Adults Only Open Session		Aqua Pilates		Aqua Fit		Aqua Fit Starts 09:35		Public Swim		Junior Lessons		Public Swim		Sing & Splash		Public Swim		Junior Lessons			Public/Private Lesson Swim		Aqua Fit		Adults Only/ Lanes Swim - Open Session								
SAT	Adults Only Open Session		Junior Lessons					Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Party Hire		Party Hire		Cleaning										
SUN	Adults Only Open Session		Junior Lessons		Public Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Public/Private Lesson Swim		Party Hire		Adults Only/Lanes Swim - Open Session													

Please note: The Management reserve the right to change the above programme without prior notice. Contact Reception for further enquiries.

Swimming Pool Booking System ►►

Swimming Fees ►►

Members can book up to 5 days in advance, by phone or online. Non-Members can book up to 24 hours in advance, by phone or online.

Please ensure the Centre has your correct contact details on the system.

**Family Swim: One adult and three children or two adults and two children**

### Bronze Members

Adult Swim	£4.75
Over 50's Swim	£4.25
Junior Swim	£3.75
Family Swim	£12.50

### Non Members

Adult Swim	£6.25
Over 50's Swim	£5.75
Junior Swim	£4.50
Family Swim	£15.50

