

# BOOKING REQUIRED

See website  
for details

## Swimming Pool Timetable W/C 8 January 2024 onwards

|       | 06.00                       | 06.30                             | 07.00           | 07.30          | 08.00                          | 08.30                           | 09.00                          | 09.30       | 10.00                   | 10.30          | 11.00                   | 11.30     | 12.00                   | 12.30          | 13.00                   | 13.30          | 14.00                   | 14.30 | 15.00                   | 15.30          | 16.00                   | 16.30                   | 17.00                   | 17.30                   | 18.00                                    | 18.30  | 19.00            | 19.30          | 20.00  | 20.30  | 21.00 | 21.30 | 22.00 |
|-------|-----------------------------|-----------------------------------|-----------------|----------------|--------------------------------|---------------------------------|--------------------------------|-------------|-------------------------|----------------|-------------------------|-----------|-------------------------|----------------|-------------------------|----------------|-------------------------|-------|-------------------------|----------------|-------------------------|-------------------------|-------------------------|-------------------------|--|--|------------------|----------------|--|--|-------|-------|-------|
| MON   | Adults Only<br>Open Session |                                   | Aqua<br>Blast   |                | Aqua<br>Fit<br>Starts<br>08:50 |                                 | Junior Lessons                 |             |                         |                |                         |           | Junior Lessons          |                |                         | Junior Lessons |                         |       |                         |                |                         | Public/<br>Lane<br>Swim |                         | Aqua<br>Fit             |  | Adults Only/<br>Lanes Swim -<br>Open Session |                  |                |  |  |       |       |       |
| TUES  | Adults Only<br>Open Session |                                   | Public<br>Swim  |                |                                | Sing &<br>Splash<br>Public Swim |                                | Aqua<br>Fit |                         | Junior Lessons |                         |           | Public<br>Swim          | Public<br>Swim |                         |                | School<br>Swim          |       |                         | Junior Lessons |                         |                         |                         | Public/<br>Lane<br>Swim |  | Aqua<br>Fit                                  |                  | Public<br>Swim |  | Adults<br>Only/Lanes<br>Swim - Open<br>Session |       |       |       |
| WED   | Adults Only<br>Open Session |                                   | Public<br>Swim  |                | Junior Lessons                 |                                 |                                |             |                         | Aqua Babe      |                         |           | Public<br>Swim          |                | School<br>Swim          |                | Public<br>Swim          |       | Junior Lessons          |                |                         |                         | Public/<br>Lane<br>Swim |                         | Public/<br>Lane<br>Swim                  |  | Aqua<br>Circuits |                | Adults<br>Only/Lanes<br>Swim - Open<br>Session |  |       |       |       |
| THURS | Adults Only<br>Open Session |                                   | Public<br>Swim  |                | Public<br>Swim                 |                                 | Private<br>Booking             |             | Disability<br>Swim      |                | School<br>Swim          |           | Public<br>Swim          |                | Junior Lessons          |                |                         |       |                         |                | Public/<br>Lane<br>Swim |                         | Staff Training          |                         | Adults Only/Lanes<br>Swim - Open Session |  |                  |                |  |  |       |       |       |
| FRI   | Adults Only<br>Open Session |                                   | Aqua<br>Pilates |                | Aqua<br>Fit                    |                                 | Aqua<br>Fit<br>Starts<br>09:35 |             | Junior Lessons          |                |                         | Aqua Babe |                         |                | Public<br>Swim          |                | Sing &<br>Splash        |       | Public<br>Swim          |                | Junior Lessons          |                         |                         |                         | Public/<br>Lane<br>Swim                  |  | Aqua<br>Fit      |                | Adults Only/<br>Lanes Swim -<br>Open Session   |  |       |       |       |
| SAT   |                             | Adults<br>Only<br>Open<br>Session |                 | Junior Lessons |                                |                                 |                                |             | Public/<br>Lane<br>Swim |                | Public/<br>Lane<br>Swim |           | Public/<br>Lane<br>Swim |                | Public/<br>Lane<br>Swim |                | Public/<br>Lane<br>Swim |       |                         | Party<br>Hire  |                         | Party<br>Hire           |                         | Cleaning                |  |  |                  |                |  |  |       |       |       |
| SUN   |                             | Adults<br>Only<br>Open<br>Session |                 | Junior Lessons |                                |                                 | Public<br>Swim                 |             | Public<br>Swim          |                | Public/<br>Lane<br>Swim |           | Public/<br>Lane<br>Swim |                | Public/<br>Lane<br>Swim |                | Public/<br>Lane<br>Swim |       | Public/<br>Lane<br>Swim |                | Public/<br>Lane<br>Swim |                         | Party<br>Hire           |                         | Adults Only/Lanes<br>Swim - Open Session |  |                  |                |  |  |       |       |       |

Please note: The Management reserve the right to change the above programme without prior notice. Contact Reception for further enquiries.

Swimming Pool Booking System ►►

Swimming Fees ►►

Members can book up to 5 days in advance, by phone or online. Non-Members can book up to 24 hours in advance, by phone or online.

Please ensure the Centre has your correct contact details on the system.

**Family Swim: One adult and three children or two adults and two children**

| Bronze Members |        | Non Members    |        |
|----------------|--------|----------------|--------|
| Adult Swim     | £4.50  | Adult Swim     | £6.00  |
| Over 50's Swim | £4.00  | Over 50's Swim | £5.50  |
| Junior Swim    | £3.50  | Junior Swim    | £4.25  |
| Family Swim    | £12.00 | Family Swim    | £15.00 |