

ACTIVITY DIARY - SUMMER 2022

World Cup Skills Day	YMCA Olympic Day	Ultimate Nerf Day	Slime Day	Minecraft Day	Acro Dance Day	Crafty Arty Activity Day	Dance Fusion Day	Sporting Starlets Day
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Wed 20 th July								
Thurs 21 st July								
Fri 22 nd July								
Mon 25 th July								
Tues 26 th July								
Wed 27 th July								
Thurs 28 th July								
Fri 29 th July								
Mon 1 st Aug								
Tues 2 nd Aug								
Wed 3 rd Aug								
Thurs 4 th Aug								
Fri 5 th Aug								
Mon 8 th Aug								
Tues 9 th Aug								
Wed 10 th Aug								
Thurs 11 th Aug								
Fri 12 th Aug								
Mon 15 th Aug								
Tues 16 th Aug								
Wed 17 th Aug								
Thurs 18 th Aug								
Fri 19 th Aug								
Mon 22 nd Aug								
Tues 23 rd Aug								
Wed 24 th Aug								
Thurs 25 th Aug								
Fri 26 th Aug								
Mon 29 th Aug								
Tues 30 th Aug								
Wed 31 st Aug								
Thurs 1 st Sept								
Fri 2 nd Sept								

AVAILABLE TO BOOK @ RECEPTION ...
JUNIOR MEMBERS CAN NOW BOOK ONLINE



THE JUNCTION
PART OF YMCA BOURNEMOUTH



the junction

SUMMER 2022 HOLIDAY ACTIVITIES

- For all 5 - 12 years
- Great Value
- Great Fun

T: 01202 777766

thejunctionbroadstone.co.uk

The Junction | Station Approach | Broadstone | BH18 8AX



SUMMER 2022 HOLIDAY CLUB FOR ALL 5-12 YEAR OLDS

Booking Conditions: Once booked, no refunds/credit notes will be issued for non-attendance. Transferring days once booked is not permitted.

ACRO DANCE DAY

A fusion of dance and gymnastics moves taught by a professional dancer. Improve confidence, flexibility and fitness and learn some acrobatic tricks and movements.

To Include:

- Hula Hooping
- Tumbles
- Pyramids
- Ribbons & Scarfs

Mini performance at the end of the day to showcase the skills you have learnt for your parents to be amazed.

5+ YEARS



DANCE FUSION DAY

A full day of dance incorporating the world's varying styles and techniques, all delivered with the latest music sounds ... plus a mini performance at the end of the day to showcase the skills learnt for mum/dad to be amazed ...

Includes POM POM Cheerleading ...

5+ YEARS



SLIME DAY

Step into a slimey dreamland and get your hands sticky as you make your very own slime to keep.

Choose your own individual texture, colour and even smell.

PLUS MUCH MORE IN THIS MESSY FUN DAY ...

5+ YEARS



SUMMER 2022



Intensive Swimming Lessons



Ducklings/Ducklings Adv (2 ½ - 4 ½ yrs)

Children progress in fun and friendly atmosphere towards STA Awards.

Time: 16:00 - 16:30

Instructor: Dawn Hill

Fishes/Fishes Adv (4 + yrs)

Developing basic safety awareness, the 'class' scenario, basic movement and water confidence skills. Swimmers may use aids, e.g. woggles, floats etc ...

Time: 16:30 - 17:00

17:00 - 17:30

Instructor: Dawn Hill

Parent & Babe (3mths - 2 ½ yrs)

Wednesdays | 15:30 - 16:00

Instructor: Dawn Hill

Session Fee: £6.00 Mem/£7.00 Non-Mem
Booking Required | W/C 25.07 - W/C 22.08 inc

Frogs/Turtles (4 + yrs)

Developing safe entries including submersion travel up to 10 metres on their front & back, progress rotation skills and water safety knowledge. At this stage the swimmer will be assessed without the use of aids & support.

Time: 17:30 - 18:00

Instructor: Dawn Hill

Course Dates:

- 1 Monday 25 - Friday 29 July 2022
- 2 Monday 1 - Friday 5 August 2022
- 3 Monday 8 - Friday 12 August 2022
- 4 Monday 15 - Friday 19 August 2022
- 5 Monday 22 - Friday 26 August 2022

Duration: Monday - Friday | Five days

Fees (per week): Members £30.00
Non Members £35.00

WORLD CUP SKILLS DAY

Take part in a whole host of coaching drills designed to improve your all round ability in the worlds greatest game. Put these skills to the test in an afternoon of world cup matchplay.

To include:

- Prizes
- Shooting target drill
- Power shot with speed gun
- Penalty shoot out
- Yellow and red cards for matchplay

**PLUS AFTERNOON MATCHPLAY
PLUS CROSS BAR CHALLENGE**

WILL YOU BE PART OF THE WINNING TEAM?

5+ YEARS



MINECRAFT DAY

A FUN packed day including exploration, gathering, resources, crafting ... and combat.

- Be Your Best In Survival Mode
- Maintain Health & Hunger
- Minecraft Crafting Included
- Build Structures, Earthworks & Machines

PLUS ... SEE YOUR 3D WORLD COME TO LIFE ... ON OUR 8FT SCREEN!

7+ YEARS



SPORTING STARLETS DAY

Love sports? Love to try new things? This is the day for you!!!

A fun packed day of activities for all, including netball, hockey, rhythmic gymnastics, poi spinning, aerobics session, parachute games, plus much more....

C'MON ... YOU CAN DO IT ALL!!!

5+ YEARS



CRAFTY ARTY ACTIVITY DAY

This is a superb day for everyone to get together and let their creativity flow.

Activities can include:

- Cool Crafty Creation
- Parachute Games
- Sporting Events
- FUN Fitness Sessions
- 'Make Your Own'
- Painting
- PLUS much more ...

A FUN PACKED DAY FOR ALL ...

5+ YEARS



ULTIMATE NERF DAY

Quite simply an all-action day designed to test individual ability and teamwork skills.

- Shooting Gallery
- Sniper Challenge
- Instructor K/O
- Flag Captures
- Grenade Target
- Game Play

ALL SUPPLIED - Protective Eye Wear | Bullets | Guns ...

6+ YEARS



YMCA OLYMPIC DAY

Ever changing events/challenges guaranteed to develop new skills, INSPIRE and to be FUN!!

- Ryder Cup Golf
- Tennis Trials
- Basketball
- Hockey
- Team Relay
- Olympic Athletics
- Volleyball
- Fitness Obstacle Course
- Soccer Star Challenge
- 'Against The Clock' Games
- Ryder Cup Golf
- Curling
- Target Games
- Cricket
- Badminton
- Javelin

Prize Ceremony @ 4.45pm each day!!!

5+ YEARS



DAILY FEES

Members £16.00
Non Members £18.00

Junior Bronze/Gold Members
BOOK ONLINE - TODAY!!!
www.thejunctionbroadstone.co.uk

Non Members
Bookable at Reception only

OTHER INFO

- All activities start from 08:30 - 09:15 (registration) to 16:45 - 17:15 (collection)
- Packed lunch/mid morning snack/waterbased drinks (waterbottle/cap top) required
- Suitable sports clothing to be worn
- Waterproof jacket/clothing required
- Sun lotion/hat required



FOR ALL 5-12 YEAR OLDS

Junior Bronze Membership
ONLY £20.00 per year | 0 - 15 Years

**SEE OVER FOR
ACTIVITY DIARY**