



THE JUNCTION
PART OF YMCA BOURNEMOUTH



CUSTOMER NOTICE

JUBILEE BANK HOLIDAY FITNESS CLASSES

Bank Holiday Thursday - 2 June 2022

Gentle Stretch & Tone	8.30am - 9.15am	Rachel Klein
Indoor Cycling	9.20am - 10.00am	Sophie Walker
Body Pump Express	10.30am - 11.15am	Sophie Walker
A-Plan Workout	6.00pm - 6.45pm	Tim Offer

Bank Holiday Friday - 3 June 2022

Circuits	9.30am - 10.30am	Tim Offer
Indoor Cycling	5.25pm - 6.05pm	Neil Solmon
Body Pump Express	5.30pm - 6.15pm	Rikki Walden
Circuits	6.10pm - 6.55pm	Tim Offer
Indoor Cycling	6.20pm - 7.00pm	Neil Solmon

Nick Gillespie (Centre Manager)