



## NATIONAL POOL LIFEGUARD QUALIFICATION



ROYAL  
LIFE SAVING  
SOCIETY UK



## RLSS UK National Pool Lifeguard Qualification

**Course Start Date:** Monday 19<sup>th</sup> July 2021  
**Time:** 08:30 - 17:30  
**Course Duration:** 5 consecutive days  
**Exam Date:** Friday 23<sup>rd</sup> July 2021  
**Venue:** The Junction Sports & Leisure Centre  
Station Approach, Broadstone BH18 8AX

**SPECIAL  
OFFER**  
**£200.00**

SAVE A MASSIVE  
£120.00!!

### Course prerequisites:

- All applicants need to be over 16 years old on the day of assessment.
- Swim 50m in less than a 60 seconds.
- Swim 100m continuously on your front then 100m on your back.
- In deep water, tread water for 30 seconds.
- Surface dive to the deepest part of the pool.
- Climb out of the pool unaided.

**BOOKABLE  
@ RECEPTION**



For more info call 01202 777766 or email [ngillespie@thejunctionbroadstone.co.uk](mailto:ngillespie@thejunctionbroadstone.co.uk)