DEC 20/ JAR 21 DIARY	Nerf Quest	Dodgeball	Dynamic Divas	Ultimate Sports	Soccer	Sporting Starlets	American Sports	Acro Dance	
Monday 21 st December				\odot		:			
Tuesday 22 nd December	\odot							\odot	
Wednesday 23 rd December					\odot				
Tuesday 29 th December		\odot							
Wednesday 30 th December							\odot		
Monday 4 th January			\odot	\odot					

DAILY FEES

Acro Dance Day American Sports Day Dodgeball Mania Day Dynamic Divas Day Nerf Quest Day Soccer Day Sporting Starlets Day Ultimate Sports Day

£20.00 Members £22.00 Non Members

BOOK EARLY LIMITED SPACES

BOOKING CONDITIONS: Once booked, no refunds/ credit notes will be issued for non-attendance.

Transferring days once booked is not permitted.



NO MOBILE PHONES OR TABLETS ALLOWED DURING HOLIDAY ACTIVITY DAYS

YMCA

BOURNEMOUTH

Bournemouth/Poole/Christchurch

BCP

FOR ALL 5 - 12 YEARS COVID SECURE VENUE

COVID SECURE VENUE GREAT FUN

The Junction Sports & Leisure Centre Station Approach | Broadstone Dorset | BH18 8AX

Call 01202 777766 or visit www.thejunctionbroadstone.co.uk



THE JUNCTION

PART OF YMCA BOURNEMOUTH

Acro Dance
American Sports
Dodgeball
Dynamic Divas
Nerf Quest
Soccer Stars
Sporting Starlets
Ultimate Sports

Holiday Activities Christmas 2020

NERF QUEST DAY

6+ yrs

Action and fun from every direction. A new and exciting day of NERF QUEST has shot to The Junction. This action packed day will include target shooting, team and individual quests. Plus games including team elimination, capture the flag, Predator vs Prey and much more.

> Have you got what it takes to be the sharp shooter of the day!!!

> We supply bullets, guns and protective eye wear ... just bring a steady hand.

DYNAMIC DIVAS DAY

5+ vrs

This is a superb day for the girls to get together and let their creativity flow. Activities can include:

- > Cool Crafty Creations > Parachute Games
- > FUN Fitness Sessions > Sporting Events
- > 'Make Your Own' (Bracelets etc..)
- > Painting > PLUS much more ...

A FUN PACKED DAY FOR ALL ...



DODGEBALL MANIA DAY

5+ yrs

5+ vrs

Dodge, duck and dive, this day will give you the chance to release your energy and show off your Dodgeball skills!!!

You'll need to save your King/Queen, come up with tactics to capture the flag and work together in big teams to be the 'Ultimate Dodgeball Champions'.

A fusion of dance and gymnastics moves taught by a

> Pyramids

> Tumbles

Mini performance at the end of the day to showcase the

skills you have learnt for your parents to be amazed.

> Ribbons & Scarfs

professional dancer. Improve confidence, flexibility

and fitness and learn some acrobatic tricks and

movements. To Include: > Hula Hooping

PLUS MUCH MORE

ACRO DANCE DAY

AMERICAN SPORTS DAY

5+ yrs

Yee haw it's American day, learn to play Americas top sports to include:

• American Football	> Baseball	> Basketball
Soccer	> Hockey	> Lacrosse

Sorry guys no wrestling this time.

A fun day for both boys and girls to try these sports in a fun and friendly atmosphere.

SPORTING STARLETS DAY

5+ yrs

Love sports ? Love to try new things?

This is the day for you !!!!!

A fun packed day of activities for all, including netball, hockey, rhythmic gymnastics, poi spinning, aerobics session, parachute games, plus much more....

C'MON ... YOU CAN DO IT ALL!!!

OTHER INFO

- ℜ All activities start from 8.30am 9.15am (registration) to 4.45pm - 5.15pm (collection)
- Packed lunch/mid morning snack/waterbased drinks {waterbottle/cap top) required
- ✤ Suitable sports clothing to be worn
- ✤ Waterproof jacket/clothing required for Ultimate Sports & Soccer Stars



INTEGRITY





Booking Conditions:

Proud Sponsor

of The Junction's

Holiday Activities

Once booked, no refunds/credit notes will be issued for non-attendance. Transferring days once booked is not permitted.

> Sarah-Jane Endersby | 1st Degree Black Belt 🖀 | 07957 431878 🖓 | www.integritymartialarts.co.uk

P-ONE

BOOKINGS



Junior Bronze Membership ONLY £20.00 per year 0 - 15 Years

for bookings with debit/credit card: Monday Tuesday Wednesday Thursday

Friday

Saturday

10.00am - 7.00pm 10.00am - 7.00pm 10.00am - 7.00pm 10.00am - 7.00pm 10.00am - 7.00pm

10.00am - 4.30pm

The following day/times are available

SOCCER DAY

5+ yrs

Take part in a whole host of coaching drills designed to improve your all round ability in the worlds greatest game. Put these skills to the test in an afternoon of world cup matchplay.

To include:

- > Prizes
- > Shooting target drill
- > Power shot with speed gun
- > Penalty shoot out
- > Yellow and red cards for matchplay

ULTIMATE SPORTS DAY

5+ yrs

An ultimate sports extravaganza for boys and girls in this fun packed action day, covering a wide range of sports to include:

>Athletics >Badminton >Hockey

> Tennis > Indoor Curling > Football

PLUS MUCH MUCH MORE

If you love sport this day is for you.





SEE OVER FOR ACTIVITY DIARY